



## **Wheat Free Menu**

### **Starters**

Ploughman's Lunch (ask for no bread)

Pub Fries (ask for no gravy)

Basket of House Made Chips\*

Pork Rinds

### **Salads**

Any Salad (ask for no croutons on Caesar)

### **Sides**

Chips\*. All sides listed on the menu. Ask about the day's selection

### **Sandwiches**

Grilled Portabella (ask for no bun)

Highland Burger\*\* (ask for no bun)

Blackwatch Burger\*\* (ask for no bun)

Chicken Sandwich (ask for grilled with no bun)

Molly Knox Club (ask for grilled with no bun)

Corned Beef and Cabbage (ask for no bun)

### **Mains**

Baked Fish and Chips\*

Grilled Salmon Plate

Grilled Chicken and Chips\*

Bangers\*\* and Mash (ask for no gravy)

Corned Beef Plate

Pub Steak

Tikka Masala

\*Fryer oil may come into contact with wheat

\*\*Uses an ingredient not Certified Gluten Free