



Gluten Free Menu**

Starters

Ploughman's Lunch (ask for no bread)
Pub Fries (ask for no gravy)
Basket of Chips
Pork Rinds

Salads

Any Salad (ask for no croutons on Caesar)

Sides

Any Side except Soup (ask about the day's selection)

Sandwiches

Grilled Portabella (ask for no bun)
Highland Burger (ask for no bun)
Blackwatch Burger (ask for no bun)
Chicken Sandwich (ask for grilled with no bun)
Molly Knox Club (ask for grilled with no bun)
Corned Beef and Cabbage (ask for no bun)

Mains

Fish and Chips (ask for baked)
Grilled Salmon Plate
Chicken and Chips (ask for grilled)
Bangers and Mash (ask for no gravy)
Corned Beef Plate
Pub Steak
Tikka Masala

**Fryer oil may come into contact with wheat or animal proteins